



## **Girl Boss Sports Reflection Exercise**

Take a minute and imagine that in front of you is your coaching staff, your admin staff, your board of directors, and whoever else works at your organization/company. Imagine each of their faces as they are all lined up in one group, standing in front of you.....

Now imagine that a little girl who plays at your school, club, organization, etc is standing there too. She's facing all of your staff and soaking it all in.

With that picture firmly in your mind, we want you to reflect on the following questions:

### **Reflection Questions:**

- How many people who look like her does she see?
- Could she see herself in that line-up?
- Could she imagine herself as a leader in your organization?
- If she were needing to speak to someone about a private topic, could she easily identify an ally in your organization?
- And last, if she or a friend were a victim of abuse, would there be someone in your organization she would feel comfortable divulging this information too?